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Science

Science

Life Science

Your Amazing Body!



by Lana Rios
illustrated by CD Hullinger

| Genre | Comprehension Skills and Strategy | Text Feature |
|-----------------------|---|--|
| Expository nonfiction | <ul style="list-style-type: none">• Compare and Contrast• Author's Purpose• Predict | <ul style="list-style-type: none">• Captions |

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Your Amazing Body!

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Vocabulary

adult

healthy

measurement

Word count: 293

Note: The total word count includes words in the running text and headings only. Numerals and words in chapter titles, captions, labels, diagrams, charts, graphs, sidebars, and extra features are not included.

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You have an amazing body! Just think about it. There was a lot you couldn't do when you were a baby. But now you can do so many things! Let's take a look at how your amazing body grows.



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Illustrations by CD Hullinger

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Your bones hold you up. They give your body its shape. Without them, you would fall over like a floppy doll! They also protect the inside of your body. Your bones get bigger as you grow.



Bones are hard and strong. They protect the softer parts inside you.



When you were born, you had about 350 bones. As you get older, many of your bones will grow together to form larger bones. You will end up with about 206 bones when you become an adult.



The longest bone in your body is your thighbone.



How tall will you be as an adult? That will depend on how tall the people in your family are. It will also depend on the food you eat.

Do you know how tall you are now? When you go to the doctor for a check-up, she takes your height measurement.



As you get older your teeth grow and change. You had no teeth at all when you were born. When you were about six months old, your first teeth began to show. These were your baby teeth. When you were two years old, you had about twenty baby teeth.



Baby teeth are also called milk teeth.





Baby teeth begin to fall out when you are about six years old. Then your adult teeth grow in. Take good care of them. That way they will be healthy for the rest of your life! An adult has a full set of thirty-two teeth.



You need healthy teeth and gums to chew your food.



Your heart pumps your blood. Did you know that your heart grows as you grow? Make a fist with your hand. No matter what size you are, your heart is a little bigger than your fist.



Now you know some of the ways your amazing body grows. You may not feel it, but you are growing right now!





Now Try This

Growing and Changing Book

Make a book that shows how you grow and change. Each page can have a picture that shows something about you that is different now than it was when you were a baby.



Here's How to Do It!

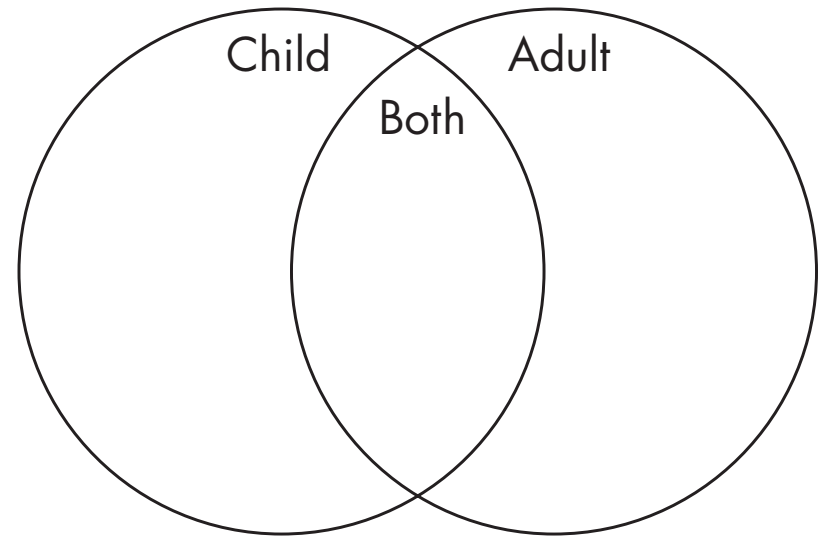
1. On the pages draw pictures of:
 - something you did when you were a baby;
 - something you can do now;
 - something you want to do when you are nine years old;
 - something you want to do when you are an adult.
2. Write a sentence about each picture.
3. Make a cover for your book. Write a title on the cover, such as "I Grow and Change." Decorate your cover and write your name on it.
4. Staple your pages together to make a book.
5. Share your book with the class. You can continue to add pages to your book as you think of new ideas.





Think and Share

1. How are a two-year-old child's teeth different from an adult's teeth? How are they the same? Use a diagram like the one below to write your answers.



2. How tall do you think you will be when you are an adult? Why do you think that is true?
3. Find and write the three words on page 3 that have a y at the end that makes the long e sound.
4. A caption explains a picture and gives readers information. What information did you learn from the caption on page 5?

