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# Sources Special Days, Special Days, Special Food

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by Juan Lester

Genre	Comprehension Skills and Strategy	Text Features	
Expository nonfiction	<ul> <li>Draw Conclusions</li> <li>Author's Purpose</li> <li>Monitor and Fix Up</li> </ul>	<ul><li>Captions</li><li>Headings</li></ul>	

Scott Foresman Reading Street 1.4.1





Social Studies



## **Special Days, Special Food**



by Juan Lester



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These people are at a Thanksgiving party.

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2 3 4 5 6 7 8 9 10 V010 14 13 12 11 10 09 08 07 06 05

Do you enjoy parties? Do you like eating special foods at your parties? People all over the world have parties with special foods. Let's take a trip and find out about some of these foods.

## 💷 China

In China, people celebrate the Dragon Boat Festival. They sail in boats that look like dragons. On this day, everyone eats zong zi.





Zong zi are a kind of rice ball. They are wrapped in bamboo leaves. The bamboo leaves give the rice balls their special flavor.

> Some of the rice balls have fruit inside. Others have meat or beans.



#### **I()**)

#### France

People in France make a special cake called *cake for a king*. This cake has a surprise inside. The cake's surprise is a tiny doll. **I**())

Would you be surprised to find a doll in your cake? If you get the piece of cake that has the doll, you get a gold crown. You get to be king or queen for the day. If you don't get the doll, don't worry. You can still have fun eating the cake.





#### I())

### Mexico

In Mexico, a party is called a *fiesta*. Fiestas are all about fun. There are many different foods at a fiesta. A boy watches the cook stir a big pot of *carnitas*.

#### **I(**))

This girl eats a corncob. A band plays, and everyone eats and dances at a fiesta. Which foods would you enjoy eating?





## I())

10

## Cuba

Our last stop is Cuba. A woman is making fresh fruit shakes. They are colorful and sweet. These fruit shakes make any celebration fun.

Cubans also like guava. They make a sweet paste from it to put in desserts.

**()**)

At a birthday party everyone is given a special drink. It is made from orange juice, milk, and sugar. It is very good. Would you like to try this drink? If so, just turn the page.



### **A** Recipe

#### I())

## To make the orange milk drink, you will need:

- $\frac{1}{2}$  cup of cold orange juice
- $\frac{1}{2}$  cup of cold milk
- 1 tablespoon of sugar
- Put everything in a tall glass. Stir until it is mixed. Add some ice.

Enjoy!

## Think and Share Read Together

- 1. Why do people all over the world enjoy special celebrations?
- **2.** If you are reading and don't understand something, what can you do to find out the meaning?
- 3. Make a chart like the one below. Choose three of these words: *about, gives, surprise, would, enjoy, worry*. Write one word in each box on the left. Use the word in a sentence, or draw a picture in the box on the right, to show what the word means. One is done for you.

Words	Sentence or picture	
about	My mom told me about the party.	

**4.** Which celebration would you most like to take part in? Tell why.